ORIGINAL ARTICLE



INTERNATIONAL JOURNAL OF RESEARCH IN PHARMACEUTICAL SCIENCES

Published by JK Welfare & Pharmascope Foundation

Journal Home Page: <u>www.ijrps.com</u>

In-vitro antioxidant and selective cytotoxicity of *Garcinia cambogia* and *Garcinia indica* leaf extracts on human kidney cancer cell line

Varsha Jayakar, Vinayak Lokapur, Manjula Shantaram^{*}

Department of Studies and Research in Biochemistry Mangalore University, Jnana Kaveri PG Centre, Chikka Aluvara, Kodagu-571 232, Karnataka, India

Received on: 19 Mar 2021 Revised on: 23 Apr 2021 Accepted on: 28 Apr 2021 commonly known kidney cancer. Almost all clinically targeted drugs	updates
<i>Keywords:</i> treating RCC have many aftereffects. To overcome this problem with products, the present study is aimed to investigate the preliminary chemicals antioxidants and soloctive cutotoxicity of aqueous leaves on	na (RCC) is ugs used in vith herbal ary phyto-
Antioxidant, anticancer, Garcinia cambogia (GC) and Garcinia indica (GI) on (HEK-293) human onic kidney cells and (A498) human renal carcinoma cells. The phyt ical analyses were done using standard protocols. <i>In-vitro</i> antioxidar ity was carried out using DPPH, FRAP, and Phosphomolybdenum assa kidney cancer, phytochemical, selective cytotoxicity of GC and GI leaf extract divulged the presence of various phyto-comst GI extract revealed higher phenolic content while flavonoid content wai in GC extract compared to alkaloids and saponins. Both plant extract ited higher antioxidant capacities based on the test performed.GC and extract was selectively cytotoxic <i>in-vitro</i> to (A498) human renal car cells and can be safely used against kidney cancer at 500 μ M (GC extra 300 μ M (GI extract). Selective index for GC and GI extracts are a fav antioxidant and anti-cancer agents for A498 human renal carcinon However, further studies to isolate the bioactive compounds response these activities are underway and to explore their molecular mechani	an embry- hytochem- dant activ- assay. Anti- MTT assay cal analysis onstituents. t was more acts exhib- and GI leaf carcinoma extract)and favourable noma cells. onsible for anism.

^{*}Corresponding Author

Name: Manjula Shantaram Phone: 9845225882 Email: manjula59@gmail.com

ISSN: 0975-7538

DOI: https://doi.org/10.26452/ijrps.v12i3.4773

Production and Hosted by

IJRPS | www.ijrps.com

© 2021 | All rights reserved.

INTRODUCTION

Cancer holds the top second rank when it comes to deadly disease of today's human population in entire Europe (Liu *et al.*, 2019; Rutz *et al.*, 2019). Among the 10 common death-causing cancers, kidney cancer is one of the debilitating health problems world wide bannering RCC as the most commonly known renal malignancy (Xu *et al.*, 2020; Swiatek *et al.*, 2020). Couple of years ago, 1.8 crore (18 million) new cancer cases were diagnosed globally. RCC constituted around 2% of them; although it is relatively rare compared to other cancers, both incidence and mortality are raising in an alarming rate of 3% per decade. Recent studies report about 3% of adult cancer patients suffer from malignant kidney tumour (Rutz et al., 2019). The diagnosing techniques for renal cancer have advanced in different methods over the past decades. Surgery is the best therapy for early-stage kidney cancer, but survival rate was hardly 1 year. Specific therapies prevailed for advanced kidney cancer in the clinic since the disease is unsusceptible to chemotherapy (Wang et al., 2019). Researchers all over the world are effectively working on exploring a cost-effective anticancer drug with little or no side effects. In the last fifteen years, more than 1,100 anticancer drugs were developed. Out of which, only few drugs are in favourable state to get the approval from Food and Drug Administration, however, most of them are in clinical trials (Liu et al., 2019; Millimouno et al., 2014) reported that anticancer drugs target growth factors, tumour suppressor proteins, apoptotic proteins, and transcription factors. These drugs available in the market inhibits the cancer development effectively; However, the chances of second cancer or the side effects caused by these drugs are unavoidable. This affects the life style of the cancersurviving patients. Therefore, it is essential to discover a plant-based drug, which is a potent anticancer drug with low cost, eco-friendly and less after effect.

Since ancient times, natural compounds are used as a source in developing new drugs (Caparica et al., 2020). Cancer, diabetes, rheumatoid arthritis, stroke and coronary heart diseases are some of the fatal diseases, which are generally caused by ROS such as hydroxyl radical, super oxide anion and other exogenous factors. However, medicinal plants possessing antioxidant activity could be a potential lead for curing the above mentioned diseases (Geetha et al., 2020). Research into medicinal plants also provides essential knowledge about nutraceuticals and herbal medicines due to enriched amount of secondary metabolites produced by them. Among many nutraceutical plants, Garcinia species are known to possess nutraceutical properties and proved to be rich sources of compounds with relevant therapeutical properties (Santo et al., 2020). Garcinia species are evergreen polygamous trees and shrubs covering a total of 400 species which covers both the hemispheres of tropical forests. Seventeen out of thirty-five garcinia species are reported from Western ghats, India (Seethapathy et al., 2018). Among which, GC and GI are widely seen in the southern parts of Western Ghats, and are natively marketed as Kodampulior Gummi Gutta and Punarpuli or Kokum, respectively. The bioactive compounds present in GC and GI leaves were reported in our previous report (Jayakar et al., 2020). Based on the phytochemicals present, the current study was carried out in order to evaluate the cyto-toxicity using MTT assay. Literature reveals that anti-cancer activity of G. indica against various types of cancers such as gall bladder (Duan et al., 2018), human breast cancer (Ahmad *et al.*, 2010), prostate, colon, pancreatic, and leukemia (Saadat and Gupta, 2012), whereas anti-cancer activity of G. cambogia against various types of cancer like colon, adenocarcinoma (Banu and Ramakrishnaiah, 2018) colorectal, cervical cancer (Hart and Cock, 2016) have been reported. Despite the claims and the use of GC and GI for treating various cancers, little is known and documented. Hence, the present study is aimed to explore the in vitro antioxidant activity and to analyse preliminary phytochemicals along with their cytotoxic effects on Kidney cell lines. This is the first report, as per our knowledge, in evaluating the possible beneficial interaction of aqueous extracts on viability of the human renal cancer cell line (A498) and human embryonic renal cell line (HEK 293) by using MTT assay as an in-vitro technique as well as determining its selective cytotoxicity.

MATERIALS AND METHODS

Authentication of selected plants

The leaves of G. cambogia (GC) and G. indica (GI)were collected from the Central Horticultural Experiment Station, Chettalli, Kodagu district of Karnataka, India in the month of September 2020. Both species of Garcinia were identified and authenticated by Principal Scientist at PND Herbarium, Mangalore, Karnataka, India vide letter no. SKPND: CR: 113: Herbarium Collection/19-20. The herbarium is kept at PND Herbarium, Mangalore as G. indica (accession no. 2286) and G. cambogia (accession no. 9743) for further reference.

Preparation of plant extracts

Fresh plant leaves of GC and GI were cleansed in running tap water followed by deionised water and shade dried. The air-dried leaf samples were crushed into a coarse powder using mixer grinder. The powdered sample was stored in airtight brown bottle at 4°C till further use.50 grams of shade-dried leaves were crudely powdered before mixing with 500ml of double distilled water and kept in a shaker incubator for 24 hrs.

Temperature was set to 37°C and the incubator was set to 150 rpm. Muslin cloth was used to filter the extract and then by Whatman no. 1 filter paper. The filtrate was evaporated in hot air oven at 50°C till dryness and residue was scrapped and stored at 4°C until further use.

Phytochemical screening

The aqueous crude extracts of GC and GIleaves were separated using water to ensure obtaining bioactive constituents, which were qualitatively, screened for secondary metabolites like phenols, alkaloids, saponins, tannins, flavonoids and glycosides using standard procedures (Lokapur *et al.*, 2020).

Total alkaloids content assay

The total alkaloid content present in GC and GI leaves extract was determined using standard protocol (Lokapur *et al.*, 2020). The alkaloid content was expressed as mg /100 g.

Total saponin content assay

Saponins present in the extracts were quantitatively determined using (Nahapetian and Bassiri, 1975). The saponin content was calculated in percentage.

Total phenolic content assay

The amount of total phenol content (TPC) present inboth plant extracts was quantitatively determined using Folin-Ciocalteu's colorimetric method (Noreen *et al.*, 2017). Gallic acid was used as a standard while TPC was expressed as mg/g Gallic acid equivalent (GAE).

Total flavonoids content assay

The quantity of flavonoids present in the extracts were quantified using the aluminium chloride assay (Iqbal *et al.*, 2015).

The total flavonoid content is expressed as mg/g quercetin equivalents of the extract.

In vitro methods to determine antioxidant activity

Ferric ion reducing antioxidant power (FRAP) assay

FRAP assay was used to determine the total antioxidant power of the extracts. The FRAP assay was performed according to Benzie and Strain (1996) with slight medications. Aqueous plant extract of GC and GI in varied concentrations ranging from 100μ g to 500μ g /ml were mixed with 2.5 mL of 0.2 mM phosphate buffer (pH 7.4) and 2.5 mL of potassium ferricyanide [1% weight/volume (W/V)].

Temperature was set to 50° C and the resulting solution was incubated for 20 minutes. Later 2.5 mL of TCA (10% W/V) was added and centrifuged for 10 minutes (3000 rpm). Then, 2.5 mL of deionised water was added followed by 0.5 mL of ferrous chloride (0.1% W/V).

Finally, the optical density was measured at 700 nm. A positive reference standard, ascorbic acid, was used to compare the antioxidant property of GC and GI extracts.

Phosphomolybdenum (PM) assay

PM assay was used to estimate the total antioxidant activity using the standard procedure (Ghagane *et al.*, 2017). Aqueous leaf extract of GC and GIin different concentrations ranging from 100μ g to 500μ g/ml were added to each test tube individually containing 3 mL of distilled water and 1 mL of molybdate reagent solution. These tubes were kept incubated at 95°C for 90 minutes. After incubation, they were maintained at room temperature for 20-30 minutes and the optical density was measured at 695 nm. Ascorbic acid was used as the positive standard reference.

2, 2-Diphenyl-1-picrylhydrazyl radical scavenging ability (DPPH) assay

Free radical scavenging effect of aqueous plant extract was determined using the 2-diphenyl-1picrylhydrazyl (DPPH) with slight modifications put forward by (Brand-Williams et al., 1995). In brief, the concentrations (100- 500ug/ml) of extracts were prepared. 1 mL of DPPH solution (0.004% prepared in ethanol) was treated with 1 mL of aqueous leaf extracts and standard ascorbic acid solution separately. The mixture was left for incubation in the dark under room temperature for 30 minutes and the optical density was measured at 517 nm. The extent of DPPH-purple decolourization to DPPH yellow confirmed the scavenging efficiency of the extract. Higher antioxidant activity was observed as the optical density of the reaction mixture was decreased. Scavenging activity was calculated using the following formula:

 $\begin{array}{l} DPPH \ scavenging \ activity \ (\%) = A_C - A_T/A_C \\ \times 100 \end{array}$

 A_C - the absorbance of the control reaction (1 ml of ethanol with 1 ml of DPPH solution); A_T - the absorbance of the test sample.

The results were analyzed in triplicates. The IC_{50} value indicates the required sample concentration to inhibit 50% of the DPPH free radical.

In-vitro cytotoxicity assay

Culturing of cell lines

The human renal carcinoma cells (A498) and Human embryonic kidney cells (HEK 293) were acquired from the NCCS, Pune, India. Cell lines were maintained using Dulbecco's Modified Eagle Media (DMEM, Invitrogen, USA) with low glucose and supplemented with 10% Foetal Bovine Serum (FBS, Invitrogen, USA). Antimycotic 100X solution were added to the medium to prevent bacterial contamination. The medium with cell lines was maintained in a humidified environment with 5% CO_2 at 37 $^\circ\text{C}.$ Cells were detached by treatment with trypsin-EDTA after reaching 80% confluency, and reseeded in fresh media.

Treatment groups

The cvtotoxicitv activitv of the aqueous extracts of GC and GI was evaluated using 3-(4, 5-dimethylthiazol-2-yl)-2, 5diphenyltetrazoliumbromide (MTT) assay bv following Tangjitjaroenkun et al. (2021) with slight modifications. Briefly, A498 and HEK293 cells were seeded at a density of 1×10^4 cells per well in 96-well flat-bottom micro plate and controlled at 37°C in 95% humidity and 5% CO₂ humidified atmosphere for overnight before the treatment. These cells were treated with a varied concentration ranges of GC and GI extracts (100-500 μ g/mL) followed by incubation for 48 hours respectively. which was the standard treatment time of the extracts in each of the cell lines. Cisplatin was used as a standard drug to compare the effects induced for HEK293 human embryonic kidney cell and A498 human kidney cancer cell lines. The current study was carried out with the treatment groups in the following set up. Negative control: only cells. Positive control: cells + cisplatin. Test groups: cells+ aqueous GC extract; and cells+ aqueous GI extract; same procedure was followed for human embryonic kidney cell (HEK-293) line.



Figure 1: FRAP activity of aqueous extract of GC and GI. AS: Ascorbic acid.

MTT cell viability assays

After 48h incubation, the images were captured using phase contrast microscopy. During successive follow up, cells which were attached to the well were removed by trypsinization and the wells were washed two times with phosphate buffered saline (pH 7.4) without serum and 20 μ L of the MTT staining solution was added to each well and further incubated at 37°C for next 4 hrs. Formazan crystals



Figure 2: PM assay of aqueous extract of GC and GI. AS: Ascorbic acid.



Figure 3: DPPH scavenging activity of aqueous extract of GC and GI. AS: Ascorbic acid.

were dissolved by adding DMSO (100 μ L) to each well, and optical density was quantified spectrophotometrically at 570 nm against the control using micro plate reader (Bio-Rad, California, USA). Experiment was carried out in triplicates and the percentage of the average was taken into final consideration. The survival percentage was plotted against control (untreated) group using the following equation,

 $Viable \ cells \ (\%) = \\ (Mean \ OD \ of \ test \ compound/Mean \ OD \ of \\ Negative \ control) \times 100$

Selectivity index (SI)

The A498 and HEK293 cells were used to measure the SI. The SI, which represents the cytotoxic selectivity (i.e. drug safety) for both plant extracts was calculated using the following formula (Ogbole *et al.*, 2017).

SI = IC₅₀ calculated for normal/ IC₅₀ calculated for cancer

The SI values > 2 is considered as high selectivity (Machana *et al.*, 2011; Prayong *et al.*, 2008).

Phytochemical tests	GC	GI
Tannins	-	-
Saponins	+	+
Flavonoids	+	+
Alkaloids	+	+
Glycosides	+	+
Cardiac glycosides	+	+
Terpenoids	+	+
Steroids	+	-
Phenols	+	+
Resin	-	-

Table 1: Preliminary phytochemical analysis of aqueous extracts of GC and GI

+:positive;-: negative

Table 2: Quantitative analysis of aqueous extracts of GC and GI

Secondary Metabolites	GC	GI
Total alkaloid (mg/g)	$0.243{\pm}0.002$	$0.059{\pm}0.003$
Total saponin (mg/g)	$1.323{\pm}0.025$	$1.423{\pm}0.030$
Total Phenol (mg GAE/g extract)	$1.05{\pm}0.49$	$3.0 {\pm} 0.47$
Total Flavonoid (mg QE/g extract)	$2.35{\pm}0.49$	$2.21{\pm}0.33$

Values are mean of triplicate determination (n =3) \pm standard deviation;

GAE–Gallic acid equivalents; QE-Quercetin equivalents.

Table 3: Percentage inhibition of DPPH radical scavenging activity of GC and GI

Concentration (mg)		Percentage of Inhibition	
	G. cambogia extract	G. indica extract	Standard Ascorbic acid
100	$35.52{\pm}0.43$	$20.78 {\pm} 0.78$	$64.90{\pm}0.50$
200	$39.61{\pm}0.35$	$25.68{\pm}1.57$	$80.31{\pm}1.52$
300	$43.08 {\pm} 0.57$	$38.18{\pm}2.07$	89.03±2
400	$48.16 {\pm} 0.50$	$46.31 {\pm} 0.29$	95.15±1
500	$51.60 {\pm} 0.21$	$51.49 {\pm} 0.14$	98.78±1
IC_{50} value	493.7	485.1	68.68

The values are expressed as mean \pm SD, n = 3. Results were analyzed using descriptive statistics.

Table 4: IC ₅₀ and R ² values of aqueousleaf extracts of GC, GI and Cispla	atin on two renal cell lines by
МТТ	

Compound	Concentration	HEK293	A498	Selectivity in	dex
				(SI)	
Aqueous G. cambogia	IC ₅₀ (mg/mL)	ND	291.2	15.93	
extract	\mathbb{R}^2	0.9661	0.9938		
Aqueous G. indica extract	IC_{50} (mg/mL)	628.2	255.9	2.45	
	\mathbb{R}^2	0.9618	0.8939		
Cisplatin	IC_{50} (mg/mL)	6.676	2.832	2.36	
	\mathbb{R}^2	0.9272	0.9322		

HEK293- Human embryonic kidney cells

A498- Human kidney cancer cell

SI values > 2 was considered as highselectivity.

ND - IC₅₀ > 1000 μ g/mL is considered as not- determined (ND).



Figure 4: Cytotoxicity of aqueous extracts of GC and GI compared with standard drug on HEK-293 and A498 kidney cancer cell line.

Statistical analysis

The study was carried out in triplicates and results were expressed as mean \pm SD. Mean, standard deviation, variation and level of statistical significance between groups was analyzed using descriptive statistics. Percent inhibition of cell growth was analyzed and P < 0.05 and P < 0.01 was considered statistically significant.

RESULTS AND DISCUSSION

Qualitative and quantitative phytochemical analysis

Results of preliminary phytochemical analysis obtained from aqueous extracts of GC and GI revealed the presence of diversity of secondary metabolites. Steroids were present only in aqueous GC extract while tannin and resin were absent in both extracts. Contrary to this, alkaloids, flavonoids, saponins, glycosides, cardiac glycosides, terpenoids and polyphenols were present in both extracts (Tables 1 and 2). Existence or lack of bioactive compoundsmay be due to the solvent medium used for extraction. These bioactive components are responsible for biological activities (Hemshekhar Both GC and GI showed highest et al., 2011). quantity of flavonoid and phenolic compounds compared to saponins, and alkaloids. However, GC extract contains highest flavonoids (2.35 ± 0.49) and saponin as second highest level followed by phenolic compounds and alkaloids whereas GI contain highest phenolic compounds (3.0 ± 0.47) followed by flavonoids, saponins and alkaloids. Alkaloids were found to be the least in both plant extracts (Table 2).

Garcinia species are widely used for their phenolic compounds such as flavonoids, phenolic acids, xanthones, biflavonoids and benzophenones (Han et al., 2007). Flavonoids were known to possess many biological properties like anti-inflammatory, antimicrobial, enzyme inhibition, anti-allergic, antioxidant and anti-tumour activity (Harborne and Williams, 2000). Even though both the Garcinia species showed least alkaloid content, its presence in plants can be used in medicine as aesthetic agents (Hong and Wrolstad, 1990). Saponins are traditionally used as detergents, and pesticides as well as advantageous health effects apart from their industrial applications as foaming and surface-active agents (Shi et al., 2004).

Antioxidant activity of plants

As health-related risks are increasing at an alarming rate, evaluation of plant-derived antioxidants is of immense importance in today's context. Many bioactive components like phenols and flavonoids acts as sources of antioxidants and perform scavenging activity (Diplock, 1997). In order to obtain the complete potential of antioxidants from any source, it is wise to utilise different assays while estimating the total antioxidant activity (Sethi *et al.*, 2020). In the present study, FRAP, PM and DPPH were used to evaluate in vitro antioxidant capacity of aqueous extracts of GC and GI.

FRAP assay

In the current study, the antioxidants present in the extracts would result in the reduction of ferri cyanide Fe^{3+} to ferro cyanide Fe^{2+} by contributing an electron, which was measured spectrophotometrically at 700 nm. Standard ascorbic acid and aque-



Figure 5: Morphological changes showing inhibition of A498 and HEK-293 cell line for 48 h. CS: Cellular shrinkage; BL: Membrane blebbing (Magnification for A498 was 40X and HEK-293 was 20X).

ous leaf extracts of GC and GI were subjected to FRAP assay. The experimental data revealed that the aqueous crude extract of GI showed stronger FRAP activity compared to GC (Figure 1). In this Data is expressed as mean \pm SEM (n=3). Statistical significance was assessed using one way ANOVA (* p <0.05) as compared to standard group.

PM assay

Phosphomolybdenum method was selected to analyse the total antioxidant activity of the sample. It is a colorimetric method, whichhelps in measuring the reduction of Phosphate-Mo (VI) to Phosphate-Mo (V) by the sample and eventually development of a bluish green coloured Phosphate-Mo (V) complex (Prieto *et al.*, 1999). In the current study, Phosphomolybdenum assay showed better result in aqueous crude extract of GI extract compared to GC (Figure 2). In this Data is expressed as mean \pm SEM(n=3). Statistical significance was assessed using one way ANOVA (* p <0.05) as compared to standard group. For FRAP and PM assay, both the plants exhibited higher activity with increasing concentration compared to standard ascorbic acid.



Figure 6: Morphological changes of Standard drug cisplatin on A498 kidney cancer cell lines.

DPPH assay

In the current study, the varied concentrations of GC and GI leaf extracts were subjected to 2diphenyl- 1picrylhydrazyl free radical scavenging assay. Ascorbic acid was used as a standard drug to compare the antioxidant capacity of the Aqueous crude extract of GC showed extracts. stronger antioxidant activity than GI (Figure 3). In this Each value is expressed as means \pm standard deviation. Concentration (μ g/ml) take non x-axis and percentage inhibition taken on y-axis. When the antioxidant activities of both the plants were compared, GC showed the IC₅₀ value of 493.7 μ g/mL and GI showed IC₅₀ value of 485.1 μ g/mL with R² value of 0.9430 and 0.9536 respectively (Table 3). Even though both the crude extracts of Garcinia species showed good antioxidant activity when compared to standard, GC showed slightly better result with consistency at different concentrations while GI gradually increased along with the concentration. The difference in the IC₅₀ value and potential DPPH radical scavenging activity observed in this study may be due to the phytochemical components present in the extracts. Our observation is in agreement with the studies of (Izuegbuna et al., 2019).

Cytotoxicity

Plant extracts are the best sources to evaluate the anticancer activity with least or no side effects for safe diagnosis. It helps in identifying the deeprooted toxicity of the plant and the effects of critical overdose. It could also help in screening possible cytotoxic properties of GC and GI leaf extract (Ghagane *et al.*, 2017). In the current study, the MTT assay was used to evaluate the influence of aqueous extract (0–500 μ M; 48 h) treatment on the cell

viability of two kidney cell lines, HEK293 human embryonic renal cells and A498 human renal carcinoma cells. It is one of the most commonly used in vitro model system to evaluate the cytotoxic effects of many toxic substances and plant extracts against cancer cell lines (Sharif *et al.*, 2017).

The viability of A498 cells decreases with increase in concentration of the aqueous extracts. Only viable cells have the ability to reduce MTT tetrazolium into a coloured formazan product. The cytotoxic activity was expressed as percentage of cell viability in Hek-293 and A-498 cell lines when compared with the control and both the plant extracts revealed more cvtotoxicity towards cancer cell line A498. Concentration in the range of 100 -500 μ g/ml and 100 -500 μ M for aqueous extracts of GC and GI extract and Cisplatin (control) respectively were used for the study. Both plants showed no cytotoxic effect towards non-cancerous HEK-293cell line. To be precise, in GC extract, 500 μ M did not show significant cytotoxic effects in HEK-293 cells but in A498 cells, a drastic decrease in cell viability was observed. Similarly, GI extract (upto 300 μ M) did not show cytotoxicity in HEK-29. However, in A498 cells, a remarkable downfall in cell viability was observed (Figure 4 a,Figure 4b). In this Data is expressed as mean \pm SEM (n = 3). Statistical significance was determined using one-way ANOVA (* p < 0.05, **p < 0.01) as compared to standard and control group.

The effect produced by the extracts is comparable to that of the standard drug cisplatin, which is commonly, used in the treatment of renal carcinoma. The results exposed morphological changes and cellular shrinkage resulting to cell death caused by the extracts in the renal cancer cell lines (Figures 5 and 6). In Figure 6, CS: Cellular shrinkage; BL: Membrane blebbing (Magnification for A498 was 20X).

The survivability of cells to the leaf extract of GC, GI and Cisplatin was characterized by IC_{50} and R^2 values (Table 4). In vitro growth inhibition effects was observed in the kidney cancer cell line (A498). while there was no effect on the growth of normal cells (HEK-293). Such selective effects were incubation time and concentration dependent. All the extracts were evaluated in triplicates with respect to concentration (100, 200, 300, 400, $500\mu g/ml$) by serial dilution. Higher concentrations, 500 μ g/ml of both plant extracts were the most effective in producing growth inhibition. However, the pure standard Cisplatin drug showed significant inhibition on the cancer cell lines. The results confirmed the differential effect induced by the extracts and cisplatin in A498 and HEK-293 cell lines.

When the concentration of the extract was

increased, it was observed that there was rapid decrease in cell-cell contact and cell proliferation. It indicates that the cytotoxic effect gradually increases with increase in the concentration. SI values were also calculated for both the extracts on renal cell lines and compared to those calculated for cisplatin (Table 4). The highest SI values calculated for aqueous extract of GC was 15.93 and GI extract was 2.45. The SI values calculated for Cisplatin for renal cell line was low (2.36), indicating the superiority of GC and GI extract on the cancer cell line compared to Cisplatin. Based on the low IC_{50} value and high SI values for both extract in these cells suggest GC and GI extract as a promising therapeutic candidate in patients with renal cancers. Higher the SI value, the more selective it is and SI values less than 2 indicate general toxicity (Badisa et al., 2009). Gleaned from the results, it can be inferred that compared to Cisplatin, a common chemotherapy drug, GC and GI extracts are better candidates for growth suppression of renal cell lines with SI values > 2.

CONCLUSION

It was observed that the aqueous extract of GC and GI contains a wide variety of bio active components that possess strong antioxidant capacity based on the experiments performed which gives a scientific evidence to conduct further studies. The present in-vitro anti-cancer activity exposed the abilities of GC and GI extract as a curative agent for cancer treatment as it not only has a highly potent activity at lower concentrations but also exhibits a high degree of selectivity in kidney cancer cells. This activity may be due to the presence of bio active compounds and antioxidants. Our results reveal that aqueous leaf extract of GC and GI displays cytotoxic effects on A498 human renal carcinoma cells at 500 μ M and 300 μ M respectively, it may be safely used against kidney cancer since, at this concentration; no significant effect was observed in normal renal cells. Our results suggest GC and GI extracts are attractive option for pharmaceutical companies as a potential agent for the management of human cancer. However, further studies to isolate the secondary metabolites responsible for these activities are underway and to explore their molecular mechanism.

ACKNOWLEDGEMENT

The authors are grateful to Prof. Raju Krishna Chalannavar, Chairman of Applied Botany Department and Prof. B. K. Sarojini, Coordinator of Biochemistry Course, Mangalagangothri, Mangalore University for providing the laboratory facility to carry out the research.

Conflict of Interest

The authors declare that they have no conflict of interest for this study.

Funding Support

The authors declare that they have no funding support for this study.

REFERENCES

- Ahmad, A., Wang, Z., Ali, R., Maitah, M. Y., Kong, D., Banerjee, S., Padhye, S., Sarkar, F. H. 2010. Apoptosis-inducing effect of garcinol is mediated by NF- κ B signaling in breast cancer cells. *Journal of Cellular Biochemistry*, 109(6):1134–1141.
- Badisa, R. B., Darling-Reed, S. F., Joseph, P., Cooperwood, J. S., Latinwo, L. M., Goodman, C. B. 2009. Selective cytotoxic activities of two novel synthetic drugs on human breast carcinoma MCF-7 cells. *Anticancer Research*, 29(8):20–22.
- Banu, S., Ramakrishnaiah, T. N. 2018. Screening of Garcinia cambogia for in-Vitro Anti-Cancerous Activity against Colon Adenocarcinoma (Caco-2) Cell Line. *Research Journal of Pharmacognosy and Phytochemistry*, 10(4):272.
- Benzie, I. F., Strain, J. J. 1996. The Ferric Reducing Ability of Plasma (FRAP) as a Measure of "Antioxidant Power": The FRAP Assay. *Analytical Biochemistry*, 239(1):70–76.
- Brand-Williams, W., Cuvelier, M. E., Berset, C. 1995. Use of a free radical method to evaluate antioxidant activity. *LWT - Food Science and Technology*, 28(1):25–30.
- Caparica, R., Júlio, A., Araújo, M. E. M., Baby, A. R., Fonte, P., Costa, J. G., de Almeida, T. S. 2020. Anticancer Activity of Rutin and Its Combination with Ionic Liquids on Renal Cells. *Biomolecules*, 10(2):233.
- Diplock, A. T. 1997. Will the 'Good Fairies' Please Prove to us that Vitamin E Lessens Human Degenerative Disease? *Free Radical Research*, 26:565– 583.
- Duan, Y. T., Yang, X. A., Fang, L. Y., Wang, J. H., Liu, Q. 2018. Anti-proliferative and anti-invasive effects of garcinol from Garcinia indica on gallbladder carcinoma cells. *Die Pharmazie*, 73:413–417.
- Geetha, S., Saraswathi, K., Chakrapani, G. D., Sivaraj, C., Dhivya, M., Chittibabu, C. V. 2020. Antioxidant and anticancer activities of pericarp of Garcinia mangostana L. *Journal of Pharmacognosy and Phytochemistry*, 9(4):1805–1809.

- Ghagane, S. C., Puranik, S. I., Kumbar, V. M., Nerli, R. B., Jalalpure, S. S., Hiremath, M. B., Neelagund, S., Aladakatti, R. 2017. In vitro antioxidant and anticancer activity of Leea indica leaf extracts on human prostate cancer cell lines. *Integrative Medicine Research*, 6(1):79–87.
- Han, Q. B., Qiao, C. F., Song, J. Z., Yang, N. Y., Cao, X. W., Peng, Y., Yang, D. J., Chen, S. L., Xu, H. X. 2007. Cytotoxic Prenylated Phenolic Compounds from the Twig Bark of Garcinia xanthochymus. *Chemistry & Biodiversity*, 4(5):940–946.
- Harborne, J. B., Williams, C. A. 2000. Advances in flavonoid research since 1992. *Phytochemistry*, 55(6):481–504.
- Hart, C., Cock, I. E. 2016. An examination of the antimicrobial and anticancer properties of Garcinia cambogia fruit pericarp extracts. *Biology, Engineering, Medicine and Science Reports,* 2(2):55–63.
- Hemshekhar, M., Sunitha, K., Santhosh, M. S., Devaraja, S., Kemparaju, K., Vishwanath, B. S., Niranjana, S. R., Girish, K. S. 2011. An overview on genus garcinia: phytochemical and therapeutical aspects. *Phytochemistry Reviews*, 10(3):325–351.
- Hong, V., Wrolstad, R. E. 1990. Characterization of anthocyanin-containing colorants and fruit juices by HPLC/photodiode array detection. *Journal of Agricultural and Food Chemistry*, 38(3):698–708.
- Iqbal, E., Salim, K. A., Lim, L. B. 2015. Phytochemical screening, total phenolics and antioxidant activities of bark and leaf extracts of Goniothalamus velutinus (Airy Shaw) from Brunei Darussalam. *Journal of King Saud University - Science*, 27(3):224–232.
- Izuegbuna, O., Otunola, G., Bradley, G. 2019. Chemical composition, antioxidant, anti-inflammatory, and cytotoxic activities of Opuntia stricta cladodes. *PLOS One*, 14(1):e0209682.
- Jayakar, V., Lokapur, V., Shantaram, M. 2020. Identification of the volatile bioactive compounds by GC-MS analysis from the leaf extracts of Garcinia cambogia and Garcinia Indica. *Medicinal Plants - International Journal of Phytomedicines and Related Industries*, 12(4):580–590.
- Liu, R., Pei, Q., Shou, T., Zhang, W., Hu, J., Li, W. 2019. Apoptotic effect of green synthesized gold nanoparticles from Curcuma wenyujin extract against human renal cell carcinoma A498 cells. *International Journal of Nanomedicine*, 14:4091–4103.
- Lokapur, V., Jayakar, V., Shantaram, M. 2020. Preliminary phytochemical screening, physicochemical analysis and in-vitro antioxidant activity of

selected Holigarna species- Endemic plant species of Western Ghats. *Biomedicine*, 40(4):460–466.

- Machana, S., Weerapreeyakul, N., Barusrux, S., Nonpunya, A., Sripanidkulchai, B., Thitimetharoch, T. 2011. Cytotoxic and apoptotic effects of six herbal plants against the human hepatocarcinoma (HepG2) cell line. *Chinese Medicine*, 6(1):39.
- Millimouno, F. M., Dong, J., Yang, L., Li, J., Li, X. 2014. Targeting Apoptosis Pathways in Cancer and Perspectives with Natural Compounds from Mother Nature. *Cancer Prevention Research*, 7(11):1081– 1107.
- Nahapetian, A., Bassiri, A. 1975. Changes in concentrations and interrelations of phytate, phosphorus, magnesium, calcium, and zinc in wheat during maturation. *Journal of Agricultural and Food Chemistry*, 23(6):1179–1182.
- Noreen, H., Semmar, N., Farman, M., McCullagh, J. S. 2017. Measurement of total phenolic content and antioxidant activity of aerial parts of medicinal plant Coronopus didymus. *Asian Pacific Journal of Tropical Medicine*, 10(8):792–801.
- Ogbole, O. O., Segun, P. A., Adeniji, A. J. 2017. In vitro cytotoxic activity of medicinal plants from Nigeria ethnomedicine on Rhabdomyosarcoma cancer cell line and HPLC analysis of active extracts. *BMC Complementary and Alternative Medicine*, 17(1).
- Prayong, P., Barusrux, S., Weerapreeyakul, N. 2008. Cytotoxic activity screening of some indigenous Thai plants. *Fitoterapia*, 79(7-8):598–601.
- Prieto, P., Pineda, M., Aguilar, M. 1999. Spectrophotometric Quantitation of Antioxidant Capacity through the Formation of a Phosphomolybdenum Complex: Specific Application to the Determination of Vitamin E. *Analytical Biochemistry*, 269(2):337–341.
- Rutz, J., Maxeiner, S., Juengel, E., Bernd, A., Kippenberger, S., Zöller, N., Chun, F. K.-H., Blaheta, R. A. 2019. Growth and Proliferation of Renal Cell Carcinoma Cells Is Blocked by Low Curcumin Concentrations Combined with Visible Light Irradiation. *International Journal of Molecular Sciences*, 20(6):1464.
- Saadat, N., Gupta, S. V. 2012. Potential Role of Garcinol as an Anticancer Agent. *Journal of Oncology*, 2012:1–8.
- Santo, B. L. S. D. E., Santana, L. F., Junior, W. H. K., De Araújo, F. D. O., Bogo, D., Freitas, K. D. C., Guimarães, R. D. C. A., Hiane, P. A., Pott, A., Filiú, W. F. D. O., Asato, M., Figueiredo, P. D. O., Bastos, P. 2020. Medicinal Potential of Garcinia Species and Their Compounds. *Molecules*, 25(19):4513.

Seethapathy, G. S., Tadesse, M., Urumarudappa, S.

K. J., Gunaga, S. V., Vasudeva, R., Malterud, K. E., Shaanker, R. U., de Boer, H. J., Ravikanth, G., Wangensteen, H. 2018. Authentication of Garcinia fruits and food supplements using DNA barcoding and NMR spectroscopy. *Scientific Reports*, 8(1):10561.

- Sethi, S., Joshi, A., Arora, B., Bhowmik, A., Sharma, R. R., Kumar, P. 2020. Significance of FRAP, DPPH, and CUPRAC assays for antioxidant activity determination in apple fruit extracts. *European Food Research and Technology*, 246(3):591–598.
- Sharif, A., Akhtar, M. F., Akhtar, B., Saleem, A., Manan, M., Shabbir, M., Ashraf, M., Peerzada, S., Ahmed, S., Raza, M. 2017. Genotoxic and cytotoxic potential of whole plant extracts of Kalanchoe laciniata by Ames and MTT assay. *EXCLI Journal*, 16:593–601.
- Shi, J., Arunasalam, K., Yeung, D., Kakuda, Y., Mittal, G., Jiang, Y. 2004. Saponins from Edible Legumes: Chemistry, Processing, and Health Benefits. *Journal of Medicinal Food*, 7(1):67–78.
- Swiatek, M., Jancewicz, I., Kluebsoongnoen, J., Zub, R., Maassen, A., Kubala, S., Udomkit, A., Siedlecki, J. A., Sarnowski, T. J., sarnowska, E. 2020. Various forms of HIF-1 α protein characterize the clear cell renal cell carcinoma cell lines. *IUBMB Life*, 72(6):1220–1232.
- Tangjitjaroenkun, J., Yahayo, W., Supabphol, S., Supabphol, R. 2021. Selective Cytotoxicity of Kaempferia parviflora Extracts in Human Cell Lines. *Asian Pacific Journal of Cancer Prevention*, 22(S1):73–79.
- Wang, X., Liu, J., Xie, Z., Rao, J., Xu, G., Huang, K., Li, W., Yin, Z. 2019. Chlorogenic acid inhibits proliferation and induces apoptosis in A498 human kidney cancer cells via inactivating PI3K/Akt/mTOR signalling pathway. *The Journal of Pharmacy and Pharmacology*, 71(7):1100–1109.
- Xu, M., Wang, Y., Zhou, L. N., Xu, L., Jin, Z., Yang, D., Chen, M., Zhu, J. 2020. The therapeutic value of SC66 in human renal cell carcinoma cells. *Cell Death & Disease*, 11(5):353.