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## Development and validation of a new analytical RP-HPLC method for simultaneous determination of Glibenclamide and Atenolol in bulk

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### **INTRO[DUCTION](https://ijrps.com)**

Diabetes mellitus (DM) is by defects in insulin activity, insulin secretion or both which is a metabolic

disorder characterized by hyperglycemia (International Diabetes Federation, 2015; Boyle *et al.*, 2010). The reason for the disease may be not enough insulin is produced in Type I DM (T1DM), glucose is not moved out into cells Type 2 DM (T2DM[\) \(Bilous](#page-11-0) [and Donnelly,](#page-11-0) 2010) and a[nothe](#page-11-0)r [one is gestationa](#page-11-1)l diabetes that may occur during pregnancy. Complications such as stroke, coronary heart diseases, nephropathy, neuropathy and retinopathy [make](#page-11-2) [great contributions](#page-11-2) to mortality (Roglic and Unwin, 2010).

Diabetes mellitus have two to fourfold higher death rate due to cardiovascu[lar diseases than](#page-11-3) [other](#page-11-3)s (Sowers *et al.*, 2001). Various treatment approaches for hypertension to reduce the risk of such complications (Mogensen *et al.*, 1991; Fuller

*et al.*, 1983) in patients with T2DM. Stringent control over blood pressure, below those for the nondiabetic patient, has been shown to be effective, especially for a diabetic patient to lower the cardiovascu[lar eve](#page-11-4)nts (Aldington, 1998).

To achieve these aspirations in the majority cases, two to three drugs from different categories need to be prescribed (Munger, 201[0\). Th](#page-10-0)e chief oral antidiabetic drugs for [diabetes](#page-10-0) mellitus are Metformin alone or in combination with the second-generation sulfonylureas viz. Glibenclamide (GLB), Gliclazide, Glimepiride, a[nd Glipizide \(H](#page-11-5)aupt *et al.*, 1991). As compared to other sulfonylurea's GLB provides convenient, effective and better tolerance (Giachetti *et al.*, 1997).

Beta-blockers /calcium cha[nnel blocker with a r](#page-11-6)enin inhibitor (Bell, 2009) are prime agents fo[r control](#page-11-7) [of hyperten](#page-11-7)sion. When compared with the individual use, the combined form provides better control of hyperglycemia, insulin resistance and blood pressure. [However,](#page-11-8) when they are combined the *in vivo* safety of the drugs may get altered. Therefore, the potential drug interactions of the combination of the Atenolol (ATN) and GLB in terms of pharmacokinetic perspective need to be studied before going further. There are numerous validated methods available for analysis of ATN (Davidson *et al.*, 2004; Aburuz *et al.*, 2005; Georgita *et al.*, 2007) and GLB (Mistri *et al.*, 2007; Johnson and Lewis, 2006) alone. There was no reported validated method for their simultaneous [quanti](#page-10-1)[tization i](#page-11-10)[n any type of bio](#page-11-9)[logica](#page-11-9)[l sample.](#page-10-1)

Thec[oncept of combin](#page-11-11)i[ng agents with manifestly](#page-11-12) different indications has become a certainty of treatment in patients with a chronic disease where it requires treatment for several different pharmacotherapies (Porwal and Talele, 2017). As a primary treatment to diabetic hypertensive subjects, generally, a fixed-dose of GLB and ATN or combination of drugs is commonly prescribed (Sengupta *et al.*, 2017). [Fixed-dose combination](#page-11-13) of GLB and ATN shows effective control on glucose balance and better BP control in a diabetic hypertensive patient which are not tested literally. Givent[his back](#page-11-14)[ground, the](#page-11-14) present study was envisaged to develop and validate the HPLC method as per ICH guidelines. There is no analytical method available to simultaneously quantitate ATN and GLB in a single run till date.

#### **EXPERIMENTAL PART**

### **Chemicals and reagents**

GLB obtained from Sri Raghavendra Chemicals and

Suppliers, Bangalore. ATN obtained from Indian Dr[ugs, Hyderabad. Analytical/HPLC grade chem](#page-11-4)icals and solvents were obtained from Rankem (Hyderabad, India).

#### **Chromatographic apparatus and Condition**

A high-performance liquid chromatographic system (Water 2690) composed of PDA-2996 detector. Chromatographic integration, data acquisition and recording were performed by Empower 2 software. Optimization of the chromatographic condition is by using different mobile phase combination, columns and organic phases. The mobile phase flows with a flow rate of 1.0 ml /min. For retention of GLB  $&$ ATN (Figure 1) and a combination of actives, various HPLC methods were optimized and validated. Optimum separation conditions were obtained with BDS C18 250 x 2.1mm, 1.6m column, mobile phase taken in the [ra](#page-2-0)tio 55:45 consisting of 0.01N potassium dihydrogen ortho phosphate (pH 4.8) and acetonitrile (ACN) in gradient mode with an injection volume 1.0 ml with column oven temperature maintained at 30°C and elution monitored by a detector wavelength at 235.0 nm. Various methods have been described for the individual drug determination (El-Saharty, 2003; Sultana *et al.*, 2008), but for the simultaneous analysis of these drugs, no method is reported till date.

### **Prep[aration of stand](#page-11-15)a[rd solution](#page-12-0)**

2.5 mg of GLB & 6.25 mg of ATN w[ere ac](#page-12-0)curately weighed and diluted to 25 ml and add 10 ml of diluents. After 10min of sonication, the solution is diluted with diluents (100 *µ*g/ml GLB & 250 *µ*g/ml ATN). 1ml of the standard solution was diluted to 10ml with diluents (10*µ*g/ml GLB & 25*µ*g/ml ATN).

### **Method validation**

According to ICH Guidelines, for ATN and GLB assay, the RP-HPLC method was validated by linearity, accuracy, precision, LOD, LOQ, and robustness.

### **Accuracy**

Nearness between the expected value and the obtain value (value found) gives the analytical method accuracy. Accuracy of the developed method is by successive analysis  $(n = 3)$  of three different concentrations (50%, 100% and 150%) of standard drugs solution. Percent recovery (R %) of an analyte recovered is obtained. The data of the results were statistically analyzed.

### **Precision**

When the method is applied repetitively in three different occasion's precision of a technique is the degree of agreement among individual tests. By analyzing the calibration curves of different concentra-

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**Figure 1: Chemical structure of ATN and GLB**



**Figure 2: HPLC chromatograms of blank mobile phase spike (chromatogram A) and HPLC** chromatograms of a mobile phase containing 10  $\mu$ g/ml GLB & 25  $\mu$ g/ml ATN (chromatogram B)



**Figure 3: HPLC chromatograms of mobile phase containing 10** *µ***g/ml GLB & 25** *µ***g/ml ATN (chromatogram B)**

tions of drugs on three different days and within the same dame respectively in six replicates, the interday precision and intra-day precision was determined. The relative standard deviation (%RSD) of the method was expressed as total precision, where % RSD *≤* 2% was accepted.

#### **Linearity**

Linearity is the ability to obtain results of the experiment is directly proportional to the analyte concentration. Linearity was determined by a minimum of six calibration levels (25, 50, 75, 100, 125 and 150%). Coefficient of correlation, slope and intercept were used to estimate the linearity by using the calibration curve. The correlation coefficient  $(r^2)$  > 0.998 value is accepted for the data to the regression line.

### **LOD and LOQ**

Limit of detection (LOD) and limit of quantification (LOQ) were considered based on the signal-to-noise ratio, which is 3 & 10, respectively. Actually, it is

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**Figure 4: Chromatograms at 50% Recovery level (Triplicate)**

established by the minimum concentration at which the analyte can be reliably detected and quantified by comparing blank samples with a known low concentration of an analyte.

### **Robustness**

For robustness, the chromatographic conditions were changed deliberately using HPLC method. Reliability during normal usage is measured by its capacity to remain unaffected by small, but deliberate variations in method parameters.

### **Degradation studies**

Stress factors suggested for common forced degradation studies such as acid degradation, base degradation, oxidation, photolysis, thermal degradation (FDA, 2000; Blessy *et al.*, 2014).

### **Sample Preparation**

10mg of GLB and 25mg of ATN powder were accuratel[y weighed a](#page-11-16)[nd diluted to 50 m](#page-11-17)l, by adding diluents and sonicated for 25 min, and filtered by HPLC filters  $(200\mu$ g/ml GLB &  $500\mu$ g/ml ATN). Finally, filtered sample solution of 0.5ml was diluted to 10ml with diluents (10*µ*g/ml GLB & 25*µ*g/ml ATN).

### **Acid Degradation Studies**

1ml of 5N Hydrochloric acid was added to 1 ml of sample solution GLB & ATN, and at 60*<sup>o</sup>*C it is refluxed for 30mins. The final solution was diluted to obtain a 10ppm, & 25ppm solution and injected  $(10 \,\mu L)$  solution into the system. The stability of the sample solution was determined by analysing chromatograms (Singh and Bakshi, 2000).

#### **Alkali Degradation Studies**

5N Sodium hydroxide was added to 1 ml of sample solution GLB & ATN, and at  $60^0$ C it is refluxed for 30 min. 10  $\mu$ L of resulting solution (10ppm& 25ppm) was injected into the system and evaluate the stability of the sample by recorded chromatograms (Alsante *et al.*, 2007).

#### **Peroxide degradation**

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**Figure 5: Chromatograms at 100% Recovery level (Triplicate)**

<b>System suitability Parameters</b>	<b>GLB</b>	<b>ATN</b>
Retention time	2.339	3.302
Area	408922	1041734
USP Plate Count	3595.0	5584.1
<b>USP Tailing</b>	1.5	1.5
Resolution	$\blacksquare$	5.6

<span id="page-4-0"></span>**Table 1: System suitability Results for HPLC**



**Figure 6: Chromatograms at 150% Recovery level (Triplicate)**

% Level of recovery	Mean %Recovery
50	$99.15 \pm 0.12$
100	$99.94 \pm 0.87$
150	$99.77 \pm 0.44$
50	$99.24 \pm 0.88$
100	$100.10 \pm 0.69$
150	$99.97 \pm 0.76$

<span id="page-6-0"></span>**Table 2: Recovery studies of GLB and ATN**

### <span id="page-6-1"></span>**Table 3: System Precision studies of GLB and ATN**



### <span id="page-6-2"></span>**Table 4: Linearity studies of GLB and ATN**



### <span id="page-6-3"></span>**Table 5: Robustness results for both GLB and ATN (acceptance limit RSD% < 2)**







<span id="page-7-0"></span>

**Figure 7: Linearity curves for GLB and ATN**

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**Figure 8: Chromatogram for Acid degradation**

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**Figure 9: Chromatogram for Base degradation**

<span id="page-8-1"></span>

**Figure 10: Chromatogram for Peroxide degradation**

<span id="page-8-2"></span>

**Figure 11: Chromatogram for Thermal degradation**

30% hydrogen peroxide  $(H_2O_2)$  was added to 1 ml of sample solution of GLB & ATN, which is refluxed for 30 min at 60°C. The final solution (10 ppm & 25 ppm) which was obtained by dilution, 10 *µ*L of it injected into the system for assessing the stability of sample (Boccardi, 2005).

### **Thermal Degradation Studies**

For Thermal degradation, the Sample solution was kept in [an oven at 10](#page-11-18)5*<sup>o</sup>*C for 6 h. For assess-

ing the stability of the sample by recording the chromatograms, the resultant solution which was diluted to (10 ppm & 25 ppm) solution,  $10 \mu$ Lof it was injected into the system (Qiu and Norwood, 2007).

#### **Photo Stability studies**

The sample solution was kept [for 7 days in UV](#page-11-19) [Light](#page-11-19) chamber or in photo stability chamber at 200 Watt h/m $^2$  for studying photo stability studies. For

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**Figure 12: Chromatogram for UV degradation**

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**Figure 13: Chromatogram for Water degradation**

assessing the stability of the sample solution, the re ulta t diluted solution (10 ppm & 25 ppm) of 10*µ*L were injected into the system (Ahuja and Scypinski, 2001).

### **Neutral Degradation Studies**

Neutral degradation studies [were studied y drug](#page-10-3) refluxi g in water for 6hrs at a tem erature of 60  $^{\circ}$ C. The resultant diluted solution (10 ppm & 25ppm), 10  $\mu$ L of it were i jected into the system for assessment of the stability of the sample (Blessy *et al.*, 2014).

### **RESULTS AND DISCUSSION**

### **[Deve](#page-11-17)lopment and optimization of HPLC method**

An isocratic LC method, coupled with PDA detection, was developed for the simultaneous determination of ATN and GLB. Chromatogram A and chromatogram B represents the blank mobile phase and an average retention time of 2.322 min for GLB and 3.260 min for ATN, and with no interfering peaks respectively (Figure 2&Figure 3), the suitabil-

ity parameters were given Table 1, which indicates the specificity of the method. By using BDS C18 250 x 2.1mm, 1.6m column and gradient elution technique using a mobile phase composed of Buffer: ACN pH 4.8 in a ratio of 55:45 [an](#page-4-0)d the most suitable separation with the highest resolution between peaks of GLB and ATN was achieved. However, drugs peaks are obtained at shorter retention times at a temperature of 30*<sup>o</sup>*C compared to those at 25*<sup>o</sup>*C. So, 30*<sup>o</sup>*C was chosen for the chromatographic measurement. According to the buffer capacity of phosphate, the pH of the buffer was selected, which leads to less variation in retention time and also resisted to pH changes.

According to ICH guidelines (International Council for Harmonisation), this method was validated. The following validation characteristics were addressed.

### **Accuracy**

The developed HPLC method was assessed for accuracy in a laboratory at three different concentration levels (50%, 100% and 150%) within the working linearity range of both drugs of a standard mixture of ATN and GLB. Accuracy was expressed as the recovery% (ICH, 2005) and standard error for GLB and ATN. Table 2 and Figures 4, 5 and 6 shows the method accuracy for both drugs with satisfactory recovery%. These results reveal that a developed method was fou[nd](#page-6-0) to be accur[at](#page-3-0)[e.](#page-4-1)

### **Precision**

Information on the random errors was given by the precision of a given method. The nearness of values obtained from multiple sampling of the same homogenous sample under prescribed condition (ICH, 2005) between a series of measurements. Both repeatability (intra-day precision) and intermediate precision (inter-day precision) were obtained. The results for precision were found to be within permissible limits (1% & 2% respectively) Table 3.

### **Repeatability (intra-day)**

The Repeatability of the method was obtained by using [t](#page-6-1)he same analytical procedure, within the same laboratory on the same day, using the same equipment, by the same analyst between a series of measurements. Repeatability is by RSD% values obtained by repeating the assay (Table 3).

### **Intermediate precision (Inter-day)**

The Intermediate precision was carried out as described under repeatability but o[n](#page-6-1) three successive days, each of two determinations  $(n = 6)$ (Table 3).

The standard for intra-day and inter-day precisions requires a RSD less than 2%.

### **Linea[rit](#page-6-1)y and Range**

The linearity of the method was assessed at a range of 2.5–15 ppm GLB and 6.25-37.5 ppm ATN. Calibration curves were plotted by taking peak areas against concentrations (Table 4 and Figure 7).

### **LOD and LOQ**

LOD is the minimum concentration which can be detected, not quantified and [LO](#page-6-2)Q is the [min](#page-7-0)imum concentration with satisfactory precision and accuracy in a ratio of 3:1 and 10:1 respectively. The LOD and LOQ of GLB was found to be 0.48 *µ*g/ml and  $1.47 \mu$ g/ml and for ATN was found to be 0.72  $\mu$ g/ml and 2.20 *µ*g/ml respectively.

### **Robustness**

One can determine the considerable or significant influence of factors on analytical results by performing a set of experiments and combining changes in conditions (see Table  $5$ ). No significant effect in resolution between two drugs peaks when there are small variations in column temperature, chromatographic flow and mobile phase composition  $\frac{1}{6}$ acetonitrile) which was confirmed by the Standard means and averages.

### **Degradation Studies**

Degradation Studies was carried out to exhibit explicitly the method developed to measure the changes in concentration of two drugs. For validation of chromatographic assays, between 5% and 20% has been accepted (Szepesi *et al.*, 1991; Carr and Wahlich, 1990). For analytical validation, 10% degradation is optimal (Jenke, 1996; Blessy *et al.*, 2014). The chromatograms of two drugs degradation are shown in Figures  $8, 9, 10, 11, 12$  $8, 9, 10, 11, 12$  $8, 9, 10, 11, 12$  $8, 9, 10, 11, 12$  and  $13$ . [For quantita](#page-11-20)t[ive an](#page-11-20)alysis of the drugs under various stress, the conditi[on wa](#page-11-21)s [done](#page-11-21) [by the pro](#page-11-17)[posed](#page-11-17) HPLC method. The contents of stress testing are shown in Table 6. [Un](#page-8-0)[der](#page-8-1) [our](#page-8-2) [de](#page-9-0)velo[ped](#page-9-1) auto-injector device, the combination drugs solution was stable and within the acceptance criteria in all degradation condition.

### **CONCLUSION**

For simultaneous determination of ATN and GLB the developed method is suitable and valid because of small retention time separation for both peaks and good resolution. It can be used for routine analysis of GLB and ATN in combination products which reduces the multiple medical regimens. This method is simple, specific, linear, accurate and precise. Has ability to separate the two drugs which are usually found in the serum of diabetic hypertensive patients. The results of the present study benefits in the studies of drug interaction and also very profitable for pharmaceutical companies.

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